



December 30, 2016

Upcoming Events

Dec. 26 - 30
School Office
Closed

January 4
School Resumes

January 16
Martin Luther
King Holiday
NO SCHOOL

January 26-28
Rummage Sale

January 27
12pm Dismissal



OUR LADY OF LOURDES
CATHOLIC SCHOOL
Challenging the Mind, Nourishing the Spirit



School Office Hours

**Dec. 22 - 23: 9:00am -
1:00pm**

Dec. 26 - 30: Closed

Jan. 4: School Resumes

Mission Statement

"Our Lady of Lourdes School exists as a ministry of the Catholic Church to proclaim the Gospel message. Recognizing that each person is a unique creation of God, we endeavor to provide a strong spiritual, academic, and emotional foundation enabling students to realize their full potential."

Student Action Code

"I believe that Jesus is present in each of my classmates and in my teachers, therefore all my actions will show respect for Jesus."



*Step Up is now accepting RENEWAL applications!
Complete your application today.*



Online Lunch Program Information:
www.ezparentcenter.com

Smoothies Coming Soon!!!!

Please see order schedule below:

Week of 1/16

Order by 1/6

Week of 1/23

Order by 1/13

Please feel free to call the office with any help regarding online ordering.

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OLL Annual Rummage Sale

January 27th 8am-5pm

January 28th 8am-1pm

Please contact Marcia Hammond (marciagrohammond@gmail.com) or Chip Allen (hchip@mindspring.com) to donate your treasures and to volunteer. Great fun way to earn your service hours. Your treasures and help is greatly appreciated and needed.



The MOMS group will be starting their new session in January. See attached flyer for more information. Registration forms are available in the front office. Please contact Carolyn Ziarno with any questions carolynziarno@ollmlb.org

M. O. M. S.

OUR LADY OF LOURDES

“Grace Within”

MISSION STATEMENT

Grace Within (MOMS) creates in women an awareness of the inner sacred self, while teaching them new ways to inspire, encourage and affirm each other. Through personal and spiritual growth, women have the opportunity to clarify their values, claim their own giftedness, and bring these new strengths to their family relationships and to the Christian community.

OBJECTIVES

1. To gather mothers together to form a network of mutual support in a chaotic society.
2. To provide group experience of learning, praying and ministering to each other.
3. To introduce mothers to opportunities for personal and spiritual growth through group dynamic
4. To increase communication skills and use prayer rituals in daily family life.
5. To increase awareness of community resources.

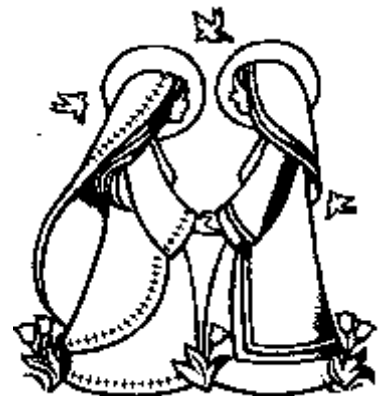
BACKGROUND

Grace Within is a program that follows the one called Ministry of Mother's Sharing (M.O.M.S.) that was created by Sr. Paula Hagen, O.S.B. in the fall of 1986. She started it with a group of mothers at St. Timothy Parish in Mesa, Arizona. It was designed to encourage prayer, discussion and friendship among mothers of ALL AGES. M.O.M.S. has spread all over the country and is encouraged and flourishing all over the Diocese of Orlando. Here at Our Lady of Lourdes we begin our sessions in JANUARY, watch the bulletin for additional registration information. Many of the girls continue to grow by meeting together several times during the year.

STRUCTURE

This ongoing peer ministry begins with a series of ten structured sessions, with prayer rituals, reflection and journaling.

- 1st night- INTRODUCTION TO THE PROGRAM
- Session 1 Stress, Worries and Anxiety
- Session 2 Self-acceptance and self esteem
- Session 3 Everyday Spirituality
- Session 4 Feelings
- Session 5 Personal Growth
- Session 6 Expressing Values in Friendships
- Session 7 Discernment: Continuing the Journey
- Session 8 Retreat
- Session 9 Celebrating New Beginnings



SESSIONS

All sessions will be held on Monday evenings from 7pm-9pm in the Ministry Building.

- Introduction Night: January 16, 2017
- Session 1 January 23, 2017
- Session 2 January 30, 2017
- Session 3 February 6, 2017
- Session 4 February 13, 2017
- Session 5 February 20, 2017
- Session 6 February 27, 2017
- Session 7 March 6, 2017
- Session 8 March 13, 2017
- Session 9 March 20, 2017 (Celebration Dinner)

The fee is \$30 for materials. Please make checks out to OUR LADY OF LOURDES. Registration will be held until December 20, 2016. The program is best for 12 women, so the first 12 women will be in the January program. PLEASE REGISTER AS SOON AS POSSIBLE! We are letting you know well in advance so that you can clear your calendars! This will be a wonderful experience for all who participate!

FOR MORE INFORMATION, CALL CAROLYN 591-6111 or
OR EMAIL ME AT carolynziarno@ollmlb.org